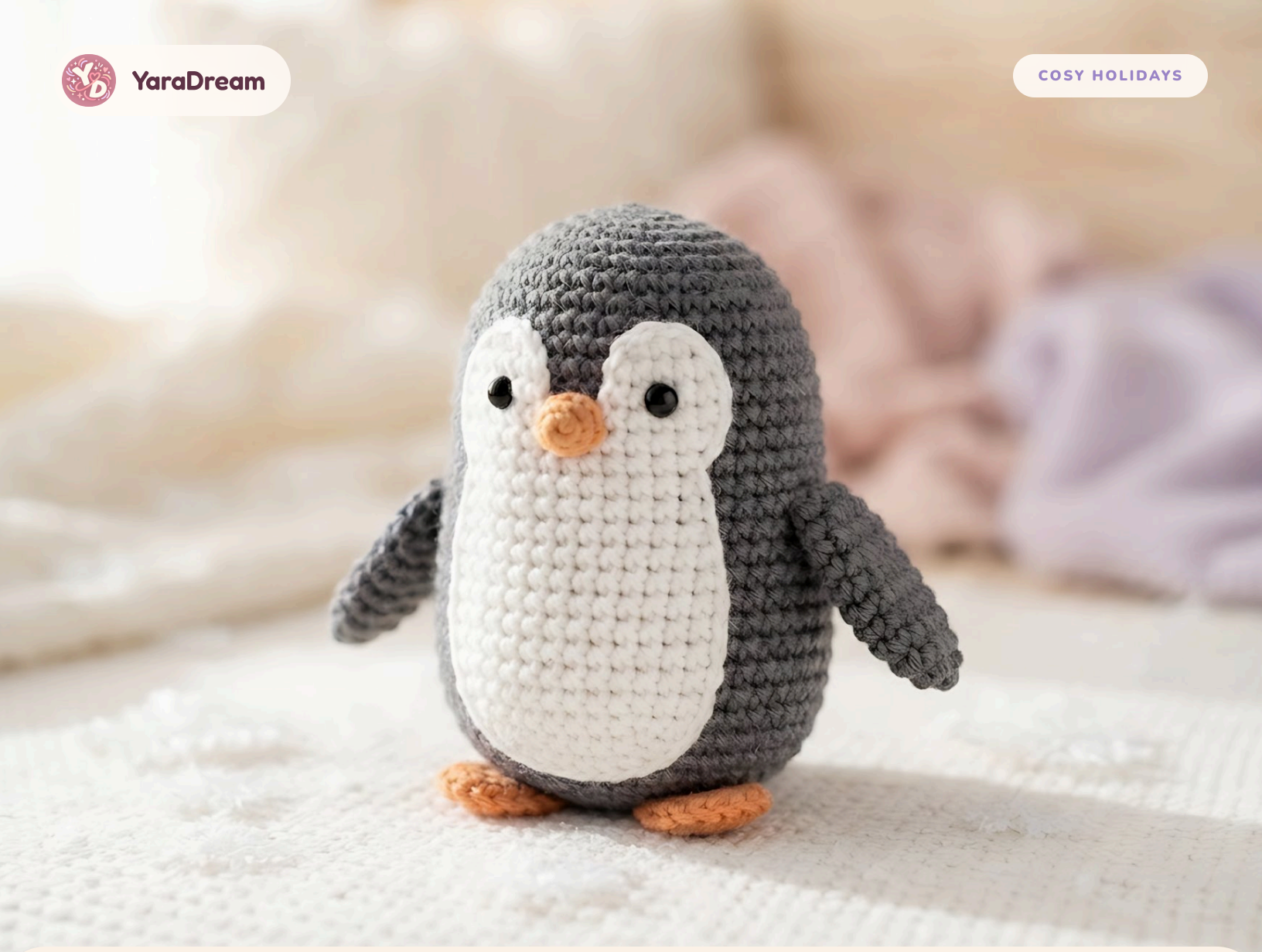
YaraDream

COSY HOLIDAYS



CROCHET PATTERN · US CROCHET TERMS

Penguin Pal

A standing penguin with a white tummy, little wings and orange feet

SKILL	FINISHED SIZE	YARN	HOOK
Easy	7 cm / 2.9 in tall	DK (weight 3)	3.0 mm (between US C-2 and D-3)

US & UK terms · Placement guide · Printable tracker

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WELCOME

Hello, maker!

Welcome to Penguin Pal: a round little penguin who stands on a flat base. The body and head are one piece, so there is very little sewing: a tummy patch, two wings, a beak and two feet.

Add a tiny scarf in a holiday colour, or make a whole family in different sizes of yarn.

With love, YaraDream

At a glance

SKILL	Easy
TIME	3 to 4 hours
SIZE	About 7 cm / 2.9 in tall and 5 cm / 1.9 in wide, with DK yarn and a 3.0 mm hook
YARN	DK (weight 3), about 16 g in 4 colours (amounts per colour on page 3)
HOOK	3.0 mm (between US C-2 and D-3)
PIECES	Body x1, Tummy patch x1, Wings x2, Beak x1, Feet x2
WORKED	In spiral rounds; the tummy patch and feet are ovals
TERMS	US crochet terms; abbreviations on page 4

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Tick as you go

Every round has a box. Tick it when it is done, on paper or on a tablet.

Count your stitches

The number at the end of each round is your stitch total.

US crochet terms

Prefer UK terms? The UK-terms files are in your download.

Safety. The face is embroidered, so there are no small parts. If you make this for a baby or a young child, sew every piece on securely and check the seams before each use. Finished toys sold for children must meet your country's toy-safety rules (CPSIA in the US, UKCA / CE in the UK and EU).

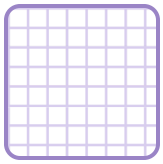
BEFORE YOU START

Materials & tools

Three colours of DK yarn, plus a little black for the eyes.

Everything you need

Gauge



About 24 sc and 26 rounds = 10 cm (4 in) in single crochet worked in the round. Gauge is not critical for a toy, but the fabric must be tight: if stuffing shows between the stitches, go down a hook size. A thicker yarn or a looser tension makes a bigger piece.

Yarn

A	**Charcoal** DK cotton or acrylic	**12 g / 27 m**
B	**White** DK cotton or acrylic	**2 g / 4 m**
C	**Orange** DK cotton or acrylic	**1 g / 2 m**
D	**Eye black** Any DK or embroidery floss	**1 g / 2 m**

Amounts come from the stitch totals of this pattern, plus about 25% for tails and tension.

Tools & notions

- [ ] 3.0 mm (between US C-2 and D-3) crochet hook, or the size that gives a tight fabric
- [ ] Polyester fibrefill, about 20 g
- [ ] Tapestry needle
- [ ] Stitch markers
- [ ] Sewing pins
- [ ] Scissors

Good to know

- Navy or charcoal looks softer than pure black and shows the stitches better.
- A cardboard circle the size of Rnd 6 inside the base helps him stand (decor only).

STITCH GUIDE

Stitches & abbreviations

This copy uses US crochet terms. The UK name of each stitch is shown beside it.

US	UK	WHAT IT MEANS
[ ] n times	**[ ] n times**	repeat the stitches inside the brackets n times
ch	**ch**	chain
dec	**dec**	invisible decrease: insert the hook into the front loops of the next 2 sts, yarn over, pull through both front loops, yarn over, pull through the 2 loops on the hook
inc	**inc**	increase: 2 sc in the same stitch
MR	**MR**	magic ring (also called magic circle)
Rnd	**Rnd**	round
sc	**dc**	single crochet
st(s)	**st(s)**	stitch(es)
Sts	**Sts**	the stitch total at the end of the round or row

Magic ring

A closed centre with no hole. Every piece in this pattern starts with one.

1. Wrap the yarn twice around two fingers, crossing it over itself.
2. Insert the hook under both strands, catch the working yarn and pull up a loop.
3. Chain 1 to secure. This chain does not count as a stitch.
4. Work the stitches of round 1 into the ring, over both strands and the tail.
5. Pull the tail firmly to close the centre, then continue with round 2.

Working in a spiral

Amigurumi rounds are not joined, so there is no seam.

1. After the last stitch of a round, go straight on into the first stitch of the next round.
2. Put a stitch marker in the first stitch of each round and move it up as you go.
3. Count the stitches at the end of every round. The number in the pill is the total you need.

Invisible decrease (dec)

The neatest way to decrease in amigurumi: it leaves no gap.

1. Insert the hook into the front loop only of the next stitch, then the front loop only of the stitch after it.
2. Yarn over and pull through both front loops (2 loops left on the hook).
3. Yarn over and pull through both loops. One stitch made from two.

Stuffing

Firm, even stuffing gives a smooth, round shape.

1. Use small tufts of polyester fibrefill, not one big lump.
2. Fill the far end first and work towards the opening, shaping with your fingers.
3. Stuff firmly: the piece should hold its shape but not stretch the stitches open.

Closing the last round

Pieces that end with 6 stitches are closed like a drawstring.

1. Fasten off, leaving a 15 cm tail.
2. Thread the tail on a tapestry needle and pass it through the front loop of each remaining stitch.
3. Pull tight to close the hole, then push the needle through the piece and out the other side.
4. Squeeze the piece, trim the tail close and let it disappear inside.

French knot

A small raised dot for eyes, berries and ornaments.

1. Bring the needle up where the knot will sit.
2. Hold the yarn taut and wrap it twice around the needle.
3. Keeping the wraps snug, push the needle back down right beside where it came up.
4. Pull through slowly, holding the wraps with your thumb until the knot forms.

Sewing pieces together (whipstitch)

A neat, strong seam for ears, arms and heads.

1. Pin the piece in place first and check it from every side.
2. With the long tail on a tapestry needle, go under one stitch of the piece, then under the stitch beside it on the body.
3. Repeat all around, pulling each stitch snug so the seam hides.
4. Knot the tail, push it into the body and trim.

Working around a chain (oval)

The tummy patch and feet start with an oval.

1. Make the foundation chain. Work along one side, starting in the 2nd ch from the hook.
2. Work 3 sc in the last chain to turn the end.
3. Turn the work and continue along the other side of the same chain, into its bottom loops.
4. Finish with 2 sc in the first chain, which already holds one stitch.

READ THIS FIRST

Pattern notes

Before you start

- Rounds are worked in a continuous spiral unless the round says to join. Mark the first stitch of each round.
- The number in the pill at the end of a round is the stitch total for that round. Count before you move on.
- Work into both loops of each stitch unless the round says back loop (BLO) or front loop (FLO) only.
- Brackets [ ] are repeated the number of times shown after them.
- Leave a long tail (about 30 cm) when you fasten off a piece that will be sewn on.
- The body and head are one piece. The top rounds make the head.
- In the oval rounds the increases sit at the two curved ends; the sides stay straight.

Construction at a glance

1. **Body**
   Make 1 · 23 rounds · colour A
2. **Tummy patch**
   Make 1 · 4 rounds · colour B
3. **Wings**
   Make 2 · 9 rounds · colour A
4. **Beak**
   Make 1 · 3 rounds · colour C
5. **Feet**
   Make 2 · 1 rounds · colour C

All the pieces, ready to put together

LET'S MAKE IT

The pattern

Five pieces. Make the body first so you can check the size of the tummy patch against it.

1 Body

Worked from the flat base up, in one piece with the head.

● A · Charcoal — Make 1

RND	INSTRUCTIONS	STS
☐ **Rnd 1**	6 sc in a magic ring.	6
☐ **Rnd 2**	Inc in each st around.	12
☐ **Rnd 3**	[sc in next st, inc] 6 times.	18
☐ **Rnd 4**	[sc in next 2 sts, inc] 6 times.	24
☐ **Rnd 5**	[sc in next st, inc, sc in next 2 sts] 6 times.	30
☐ **Rnd 6**	[sc in next 4 sts, inc] 6 times.	36
☐ **Rnd 7**	Working in back loops only: Sc in each st around.	36
	Tip. The back-loop round makes the edge of the flat base, so the penguin stands.	
☐ **Rnds 8–17**	Sc in each st around.	36
☐ **Rnd 18**	[sc in next 4 sts, dec] 6 times.	30
☐ **Rnd 19**	Sc in each st around.	30
☐ **Rnd 20**	[sc in next 3 sts, dec] 6 times.	24
	Tip. Stuff firmly now, pressing the base flat. Keep adding stuffing as you close.	
☐ **Rnd 21**	[sc in next st, dec, sc in next st] 6 times.	18
☐ **Rnd 22**	[sc in next st, dec] 6 times.	12
☐ **Rnd 23**	Dec around. *Fasten off and close the hole.*	6

2 Tummy patch

A flat oval worked around a foundation chain.

B · White · Make 1

	RND	INSTRUCTIONS	STS
☐	**Start**	Ch 8.	8
☐	**Rnd 1**	Sc in the 2nd ch from the hook, sc in the next 5 ch, 3 sc in the last ch. Working along the other side of the chain, sc in the next 5 ch, 2 sc in the last ch (the one that already holds the first sc).	16
☐	**Rnd 2**	Inc, sc in next 5 sts, inc in next 3 sts, sc in next 5 sts, inc in next 2 sts.	22
☐	**Rnd 3**	Sc in next st, inc, sc in next 5 sts, [sc in next st, inc] 3 times, sc in next 5 sts, [sc in next st, inc] 2 times.	28
☐	**Rnd 4**	Sc in next 2 sts, inc, sc in next 5 sts, [sc in next 2 sts, inc] 3 times, sc in next 5 sts, [sc in next 2 sts, inc] 2 times. *Fasten off and leave a 50 cm tail. The oval stays flat.*	34

3 Wings

Make two.

A · Charcoal · Make 2

	RND	INSTRUCTIONS	STS
☐	**Rnd 1**	6 sc in a magic ring.	6
☐	**Rnd 2**	[sc in next 2 sts, inc] 2 times.	8
☐	**Rnd 3**	[sc in next 3 sts, inc] 2 times.	10
☐	**Rnds 4–8**	Sc in each st around.	10
☐	**Rnd 9**	[sc in next 3 sts, dec] 2 times. *Fasten off and leave a 25 cm tail. Do not stuff. Flatten the wing.*	8

4 Beak

A tiny cone. Rnd 1 has 4 stitches.

C · Orange · Make 1

	RND	INSTRUCTIONS	STS
☐	**Rnd 1**	4 sc in a magic ring.	4
☐	**Rnd 2**	[sc in next st, inc] 2 times.	6
☐	**Rnd 3**	Sc in each st around. *Fasten off and leave a 20 cm tail. Do not stuff.*	6

5 Feet

Two small flat ovals. Make two.

C · Orange | Make 2

	RND	INSTRUCTIONS	STS
☐	**Start**	Ch 5.	5
☐	**Rnd 1**	Sc in the 2nd ch from the hook, sc in the next 2 ch, 3 sc in the last ch. Working along the other side of the chain, sc in the next 2 ch, 2 sc in the last ch (the one that already holds the first sc). *Sl st to the first st, fasten off and leave a 20 cm tail. Make 2.*	10

PUTTING IT TOGETHER

Putting your penguin together

- **Placement guide**
  - Tummy patch: on the front, standing up, its bottom edge on Rnd 8 of the body and its top near Rnd 20. Sew all around its edge.
  - Eyes: two French knots in black on the top of the patch, about Rnd 19 of the body, with 5 stitches between them.
  - Beak: centred between the eyes, 1 round lower. Sew around its open end.
  - Wings: one on each side, the top of each wing on Rnd 17, hanging down along the body.
  - Feet: under the front of the base, with half of each foot showing, 2 stitches apart.

☐ 1 **Tummy patch.** Pin the patch on the front, check it from all sides and whipstitch all around.

☐ 2 **Face.** Embroider the eyes, then sew the beak between them.

☐ 3 **Wings and feet.** Sew the wings along their top edge only. Sew the feet under the base.

Finishing & care

- Weave in all ends and hide them inside the body.
- Spot-clean only.

HELP IS HERE

Troubleshooting

The questions makers ask most, answered before you need to ask.

The tummy patch is too big.

Leave out the last oval round, or sew it a round higher.

The patch edges curl.

Pin it flat and steam it lightly before sewing.

He will not stand.

Press the base flat while you stuff and add a cardboard circle inside.

The wings stick out.

Sew them along the top edge and add one stitch half way down.

The oval is crooked.

Make sure Rnd 1 has 3 sc in the last chain and 2 sc in the first one.

My stitch count is off.

Count from the marker and frog back to the last round that matched its pill.

PRINT ME

Project tracker

Keep this page next to your work. Tick off each piece and round.

YARN USED _____ HOOK SIZE _____

STARTED _____ FINISHED _____

MADE FOR _____ FINISHED SIZE _____

Pieces

1	Body	Make 1	☐
2	Tummy patch	Make 1	☐
3	Wings	Make 2	☐ ☐
4	Beak	Make 1	☐
5	Feet	Make 2	☐ ☐

Round counter

1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	32	33	34	35	36

My notes

Thank you for making with us!

We hope you enjoyed making Penguin Pal as much as we enjoyed designing it.

We are here to help

Stuck on a round, or something does not look right? Message us where you bought this pattern, with the pattern name and the round number. We reply fast and stay with you until your piece is finished.

A free pattern, from us

As a thank-you for your order, message us with the YaraDream pattern you would like next and we will send it to you free.

Custom orders

Your colours, a different size, a name on it? Ask us anything, any time. We love making custom pieces and patterns.

Leave a review

If you enjoyed making it, a review where you bought it means the world to our small studio and helps other makers find us.

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Make it again in new colours

Classic
Charcoal, white and orange.

Blue baby
Soft blue with yellow feet.

Festive
Add a red scarf: ch 31, sc 30, 2 rows.

More from YaraDream

Snowy the Snowman · Puffy Star Ornament · Sleepy Bunny

THE SMALL PRINT

Licence & credits

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Credits & contact

Pattern and design: YaraDream.

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