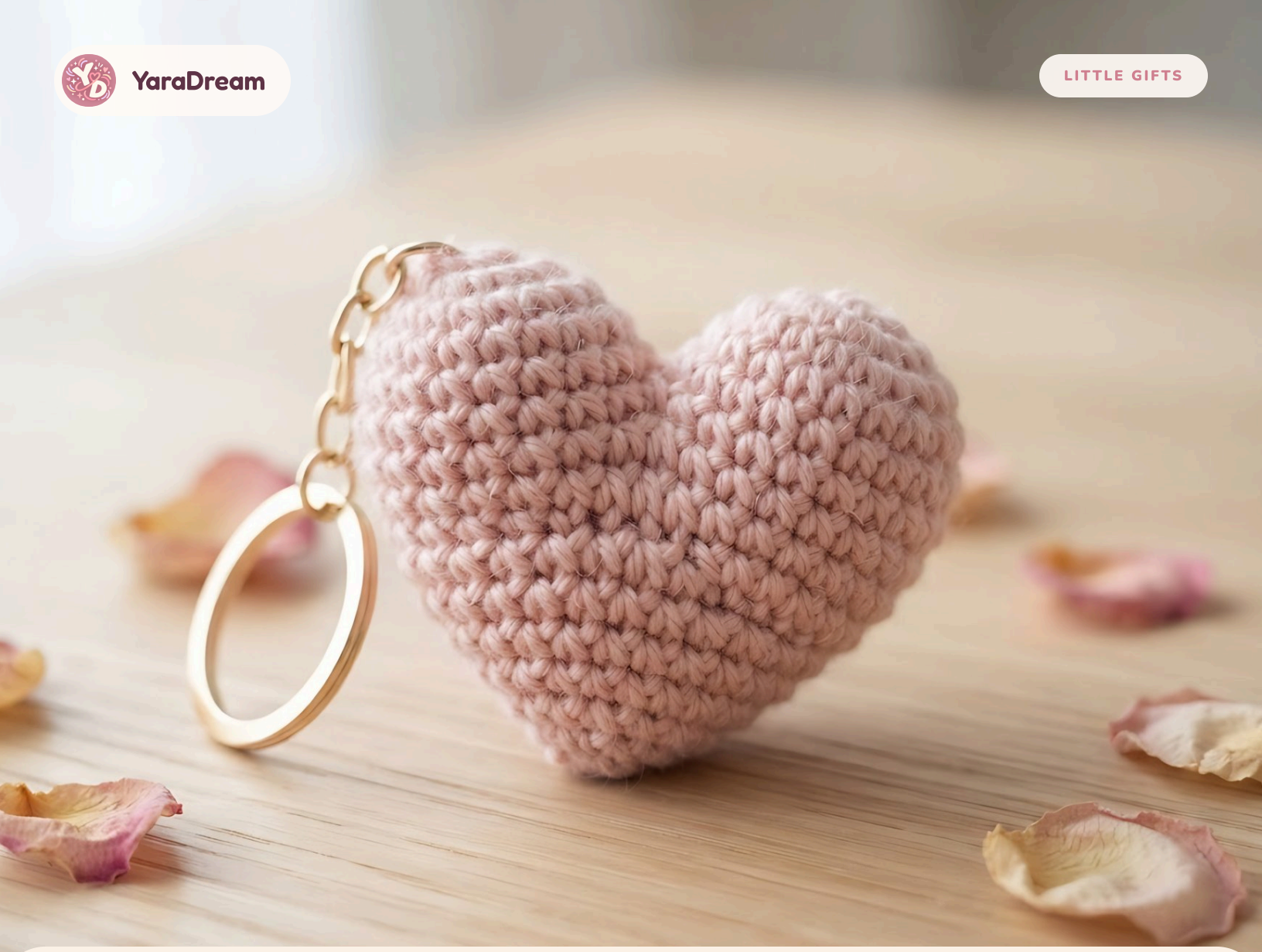
YaraDream

LITTLE GIFTS



CROCHET PATTERN · US CROCHET TERMS

Puffy Heart

A plump little heart for keychains, gifts and Valentine’s Day

SKILL	FINISHED SIZE	YARN	HOOK
Easy	5 x 5 cm	DK (weight 3)	3.0 mm (between US C-2 and D-3)

US & UK terms · One hour · Printable tracker

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WELCOME

Hello, maker!

Welcome to the Puffy Heart: a quick, plump heart to clip on a bag, tuck in a card, hang from a branch or give for Valentine's Day, Mother's Day or just because.

Two little humps are joined in one round and the heart is decreased to a soft point. Make a handful in an evening.

With love, YaraDream

At a glance

SKILL	Easy
TIME	1 hour
SIZE	About 5 cm / 1.9 in wide and 5 cm / 2.0 in tall, with DK yarn and a 3.0 mm hook
YARN	DK (weight 3), about 6 g in 1 colour (amounts per colour on page 3)
HOOK	3.0 mm (between US C-2 and D-3)
PIECES	Humps x2, Heart x1
WORKED	In spiral rounds
TERMS	US crochet terms; abbreviations on page 4

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Tick as you go

Every round has a box. Tick it when it is done, on paper or on a tablet.

Count your stitches

The number at the end of each round is your stitch total.

US crochet terms

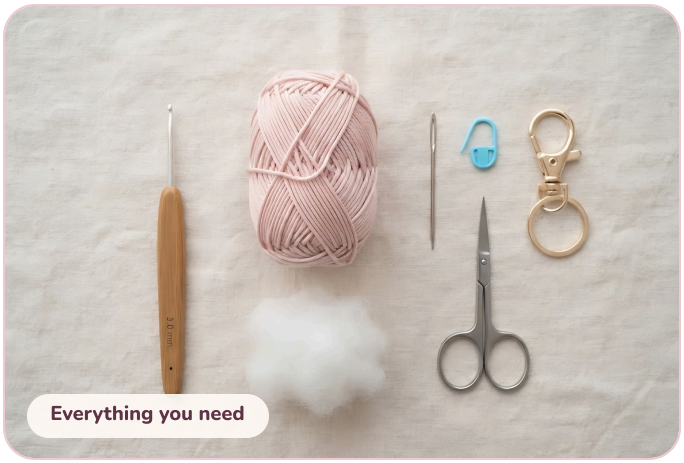
Prefer UK terms? The UK-terms files are in your download.

Safety. Small enough to be a choking hazard: not for children under 3. Keyrings and clips are not toys.

BEFORE YOU START

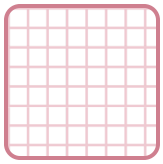
Materials & tools

One colour of DK yarn and a little stuffing.



Everything you need

Gauge



About 24 sc and 26 rounds = 10 cm (4 in) in single crochet worked in the round. Gauge is not critical for a toy, but the fabric must be tight: if stuffing shows between the stitches, go down a hook size. A thicker yarn or a looser tension makes a bigger piece.

Yarn

A	Blush DK cotton or acrylic	**6 g / 13 m**

Amounts come from the stitch totals of this pattern, plus about 25% for tails and tension.

Tools & notions

- [ ] 3.0 mm (between US C-2 and D-3) crochet hook, or the size that gives a tight fabric
- [ ] Polyester fibrefill, a few grams
- [ ] Tapestry needle
- [ ] Stitch marker
- [ ] Scissors
- [ ] Optional: a keyring or bag clip

Good to know

- Cotton gives a crisp heart; velvet yarn makes it extra squishy (use the same counts).
- For a bigger heart, use worsted yarn and a 4.0 mm hook.

STITCH GUIDE

Stitches & abbreviations

This copy uses US crochet terms. The UK name of each stitch is shown beside it.

US	UK	WHAT IT MEANS
[ ] n times	**[ ] n times**	repeat the stitches inside the brackets n times
ch	**ch**	chain
dec	**dec**	invisible decrease: insert the hook into the front loops of the next 2 sts, yarn over, pull through both front loops, yarn over, pull through the 2 loops on the hook
inc	**inc**	increase: 2 sc in the same stitch
MR	**MR**	magic ring (also called magic circle)
Rnd	**Rnd**	round
sc	**dc**	single crochet
st(s)	**st(s)**	stitch(es)
Sts	**Sts**	the stitch total at the end of the round or row

Magic ring

A closed centre with no hole. Every piece in this pattern starts with one.

1. Wrap the yarn twice around two fingers, crossing it over itself.
2. Insert the hook under both strands, catch the working yarn and pull up a loop.
3. Chain 1 to secure. This chain does not count as a stitch.
4. Work the stitches of round 1 into the ring, over both strands and the tail.
5. Pull the tail firmly to close the centre, then continue with round 2.

Working in a spiral

Amigurumi rounds are not joined, so there is no seam.

1. After the last stitch of a round, go straight on into the first stitch of the next round.
2. Put a stitch marker in the first stitch of each round and move it up as you go.
3. Count the stitches at the end of every round. The number in the pill is the total you need.

Invisible decrease (dec)

The neatest way to decrease in amigurumi: it leaves no gap.

1. Insert the hook into the front loop only of the next stitch, then the front loop only of the stitch after it.
2. Yarn over and pull through both front loops (2 loops left on the hook).
3. Yarn over and pull through both loops. One stitch made from two.

Stuffing

Firm, even stuffing gives a smooth, round shape.

1. Use small tufts of polyester fibrefill, not one big lump.
2. Fill the far end first and work towards the opening, shaping with your fingers.
3. Stuff firmly: the piece should hold its shape but not stretch the stitches open.

Closing the last round

Pieces that end with 6 stitches are closed like a drawstring.

1. Fasten off, leaving a 15 cm tail.
2. Thread the tail on a tapestry needle and pass it through the front loop of each remaining stitch.
3. Pull tight to close the hole, then push the needle through the piece and out the other side.
4. Squeeze the piece, trim the tail close and let it disappear inside.

Sewing pieces together (whipstitch)

A neat, strong seam for ears, arms and heads.

1. Pin the piece in place first and check it from every side.
2. With the long tail on a tapestry needle, go under one stitch of the piece, then under the stitch beside it on the body.
3. Repeat all around, pulling each stitch snug so the seam hides.
4. Knot the tail, push it into the body and trim.

READ THIS FIRST

Pattern notes

Before you start

- Rounds are worked in a continuous spiral unless the round says to join. Mark the first stitch of each round.
- The number in the pill at the end of a round is the stitch total for that round. Count before you move on.
- Work into both loops of each stitch unless the round says back loop (BLO) or front loop (FLO) only.
- Brackets [ ] are repeated the number of times shown after them.
- Leave a long tail (about 30 cm) when you fasten off a piece that will be sewn on.
- The heart has 3 stitches fewer on each round from Rnd 9: that makes the point.

Construction at a glance

1. **Humps**
   Make 2 · 5 rounds · colour A
2. **Heart**
   Make 1 · 11 rounds · colour A

LET'S MAKE IT

The pattern

Two humps, then the heart in one piece.

1 Humps

Two small cups that make the top of the heart.

A · Blush · Make 2

	RND	INSTRUCTIONS	STS
☐	**Rnd 1**	6 sc in a magic ring.	**6**
☐	**Rnd 2**	Inc in each st around.	**12**
☐	**Rnd 3**	[sc in next st, inc] 6 times.	**18**
☐	**Rnds 4–5**	Sc in each st around.	**18**

Make 2. Fasten off the first one. Do not fasten off the second: go on to the heart.

2 Heart

Join the humps in one round, then decrease to the point.

A · Blush · Make 1

	RND	INSTRUCTIONS	STS
☐	**Rnd 6**	Join the humps. Hold the first hump against the second, touching it right next to your hook. Sc in each st around the second hump (18). Back at the place where they touch, sc into the first hump and sc in each st around it (18). Mark the first stitch.	**36**
		Tip. There is a small gap where the humps meet. Close it later with the tail of the first hump.	
☐	**Rnd 7**	Sc in each st around.	**36**
☐	**Rnd 8**	[sc in next 4 sts, dec] 6 times.	**30**
☐	**Rnd 9**	[sc in next 8 sts, dec] 3 times.	**27**
☐	**Rnd 10**	[sc in next 3 sts, dec, sc in next 4 sts] 3 times.	**24**
☐	**Rnd 11**	[sc in next 6 sts, dec] 3 times.	**21**
		Tip. Start stuffing now, firmly into each hump, then the point. Keep adding as you go.	
☐	**Rnd 12**	[sc in next 2 sts, dec, sc in next 3 sts] 3 times.	**18**
☐	**Rnd 13**	[sc in next 4 sts, dec] 3 times.	**15**

☐ **Rnd 14**	[sc in next st, dec, sc in next 2 sts] 3 times.	**12**
☐ **Rnd 15**	[sc in next 2 sts, dec] 3 times.	**9**
☐ **Rnd 16**	[sc in next st, dec] 3 times. *Fasten off and close the hole at the point.*	**6**

PUTTING IT TOGETHER

Finishing your heart

- **Placement guide**
  - Keyring or loop: at the dip between the two humps.

☐ 1 **Close the gap** between the humps with a few stitches using the tail of the first hump.

☐ 2 **Add a loop** (optional): sew a small loop of yarn or attach a keyring at the dip between the humps.

- **Finishing & care**
  - Weave in all ends inside the heart.
  - Roll gently between your hands to settle the stuffing.

HELP IS HERE

Troubleshooting

The questions makers ask most, answered before you need to ask.

The humps are uneven.
Both humps must end on 18 stitches after Rnd 5.

There is a hole between the humps.
Sew it closed with the tail of the first hump; it is part of the method.

The point is round.
Stuff the point firmly, and check each round from Rnd 9 has 3 fewer stitches.

The heart is lopsided.
Push stuffing evenly into both humps before closing.

I can see stuffing.
Use a smaller hook or a tighter tension.

My stitch count is off.
Rnd 6 has 36 stitches: 18 around each hump.

PRINT ME

Project tracker

Keep this page next to your work. Tick off each piece and round.

YARN USED _____ HOOK SIZE _____

STARTED _____ FINISHED _____

MADE FOR _____ FINISHED SIZE _____

Pieces

1	Humps	Make 2	☐ ☐
2	Heart	Make 1	☐

Round counter

1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	32	33	34	35	36

My notes

Thank you for making with us!

We hope you enjoyed making Puffy Heart as much as we enjoyed designing it.

We are here to help

Stuck on a round, or something does not look right? Message us where you bought this pattern, with the pattern name and the round number. We reply fast and stay with you until your piece is finished.

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Soft pink.

Classic red
For Valentine's Day.

Rainbow
Make a set in five colours.

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THE SMALL PRINT

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Credits & contact

Pattern and design: YaraDream.

Questions about this pattern? Message us where you bought it, or find us on Instagram at @yara.dream.store.

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